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**Super Simple Songs One Lyrics and Actions**

**1. Knock Knock Hello**

Hello! (Hello!) [Wave with your right hand.] Hello! (Hello!) [Wave with your left hand.] Come in. [Motion to come inside.] Let's sing. [Pretend you are singing into a microphone. ] Let's play. [Run in place.] Hello! (Hello!) [Wave with your right hand.] Hello! (Hello!) [Wave with your left hand.] Knock, knock, knock. [Pretend to knock on a door.] Come on in! [Motion for someone to come inside.] Let's sing. [Pretend you are singing into a microphone.] And play. [Run in place.] And learn together. [Tap your finger on your temple.] Knock, knock! [Thrust your fist in the air.]

**2. Make a Circle**

Time to make a circle. (Everyone rushes to the center of the room and holds hands in a circle.)

Make a circle, big big big. (Make the circle bigger.) Small small small. (Make the circle smaller.) Big big big. (Make the circle bigger.) Make a circle, small small small. (Make the circle smaller.) Hello hello hello. (Everybody waves to each other. Try to make eye contact with all of the children.)

Make a circle, round and round. (Holding hands, walk around in a big circle.) Round and round. Round and round. (If you like, move the circle in the other direction.) Make a circle, round and round. Hello hello hello. (Everybody waves to each other. Try to make eye contact with all of the children.)

Make a circle, up up up. (*While holding hands, everyone reaches up high!*) Down down down. (*Crouch down low.*) Up up up. (*Reach high!*) Make a circle, down down down. (*Crouch low.*) Now sit down. (*Everyone sits down.*)

**3. Seven Steps**

1, 2, 3, 4, 5, 6, 7 (Everyone sings and walks forward together.) 1, 2, 3, 4, 5, 6, 7 (Everyone sings and walks backward together.) 1, 2, 3 (Forward.) 1, 2, 3 (Backward.) 1, 2, 3, 4, 5, 6, 7 (Forward.)

1, 2, 3, 4, 5, 6, 7 (Everyone sings and walks forward together.) 1, 2, 3, 4, 5, 6, 7 (Everyone sings and walks backward together.) 1, 2, 3 (Forward.) 1, 2, 3 (Backward.) 1, 2, 3, 4, 5, 6, 7 (Forward.) 1, 2, 3 (Forward.) 1, 2, 3 (Backward.) 1, 2, 3, 4, 5, 6, 7 (Forward.)

Now let's go back [www.i-bei.com](http://www.i-bei.com)

7, 6, 5, 4, 3, 2, 1 (Everyone sings and walks backward together.) 7, 6, 5, 4, 3, 2, 1 (Everyone sings and walks forward together.) 7, 6, 5 (Backward.) 7, 6, 5 (Forward.) 7, 6, 5, 4, 3, 2, 1 (Backward.)

7, 6, 5, 4, 3, 2, 1 (Everyone sings and walks backward together.) 7, 6, 5, 4, 3, 2, 1 (Everyone sings and walks forward together.) 7, 6, 5 (Backward.) 7, 6, 5 (Forward.) 7, 6, 5, 4, 3, 2, 1 (Backward.) 7, 6, 5 (Backward.) 7, 6, 5 (Forward.) 7, 6, 5, 4, 3, 2, 1 (Backward.)

#### 4. One Little Finger

One little finger, one little finger, one little finger (Hold up your index finger and bend it up and down.) Tap tap tap! (Tap your finger against your other INDEX FINGER 3 times.) Point your finger up! (Point up!) Point your finger down! (Point down!) Put it on your head. Head! (Put your finger on your head and say in a loud voice, "Head!")

One little finger, one little finger, one little finger (Hold up your index finger and bend it up and down.) Tap tap tap! (Tap your finger against your HEAD 3 times.) Point your finger up! (Point up!) Point your finger down! (Point down!) Put it on your nose. Nose! (Put your finger on your head and say in a loud voice, "Nose!")

One little finger, one little finger, one little finger (Hold up your index finger and bend it up and down.) Tap tap tap! (Tap your finger against your NOSE 3 times.) Point your finger up! (Point up!) Point your finger down! (Point down!) Put it on your chin. Chin! (Put your finger on your head and say in a loud voice, "Chin!")

One little finger, one little finger, one little finger (Hold up your index finger and bend it up and down.) Tap tap tap! (Tap your finger against your CHIN 3 times.) Point your finger up! (Point up!) Point your finger down! (Point down!) Put it on your arm. Arm! (Put your finger on your head and say in a loud voice, "Arm!")

One little finger, one little finger, one little finger (Hold up your index finger and bend it up and down.) Tap tap tap! (Tap your finger against your ARM 3 times.) Point your finger up! (Point up!) Point your finger down! (Point down!) Put it on your leg. Leg! (Put your finger on your head and say in a loud voice, "Leg!")

One little finger, one little finger, one little finger (Hold up your index finger and bend it up and down.) Tap tap tap! (Tap your finger against your LEG 3 times.) Point your finger up! (Point up!) Point your finger down! (Point down!) Put it on your foot. Foot! (Put your finger on your head and say in a loud voice, "Foot!")

Put it on your leg. Leg! (Put your finger on your head and say in a loud voice, "Leg!")

Put it on your arm. Arm! (Put your finger on your head and say in a loud voice, "Arm!")

Put it on your chin. Chin! (Put your finger on your head and say in a loud voice, "Chin!")

Put it on your nose. Nose! (Put your finger on your head and say in a loud voice, "Nose!")

Put it on your head. Head! Put your finger on your head and say in a loud voice, “Head!”

Now let’s wave good-bye. Good-bye! (Wave good-bye with your index finger.)

## 5. Walking Walking

Walking, walking. Walking, walking. [Walk in a circle.] \*Hop, hop, hop. Hop, hop, hop. [Hop.] Running, running, running. Running, running, running. [Run.] Now let’s stop. Now let’s stop. [Place both hands out in front of you, palms facing forward.]

Walking, walking. Walking, walking. [Walk in a circle.] \*Hop, hop, hop. Hop, hop, hop. [Hop.] Running, running, running. Running, running, running. [Run.] Now let’s stop. Now let’s stop. [Place both hands out in front of you, palms facing forward.]

Tiptoe tiptoe. Tiptoe tiptoe. [Tiptoe.] Jump jump jump. Jump jump jump. [Jump.] Swimming swimming swimming. [Make a swimming motion.] Now let’s sleep. Now let’s sleep. [Rest your head against your hands or lie down on the ground and pretend to sleep.]

Wake up! [Eyes open! Look alert!] It’s time to go! [Look at your watch.] Are you ready to go fast? [Run in place quickly.]

[quickly] Walking, walking. Walking, walking. [Walk in a circle.] \*Hop, hop, hop. Hop, hop, hop. [Hop.] Running, running, running. Running, running, running. [Run.] Now let’s stop. Now let’s stop. [Place both hands out in front of you, palms facing forward.]

Walking, walking. Walking, walking. [Walk in a circle.] \*Hop, hop, hop. Hop, hop, hop. [Hop.] Running, running, running. Running, running, running. [Run.] Now let’s stop. Now let’s stop. [Place both hands out in front of you, palms facing forward.]

Whew! [Wipe your brow with your forearm]

## 6. Are You Hungry?

Are you hungry? (Shrug your shoulders and then rub your tummy.) Yes I am. (Thumbs up gesturing “yes” and/or nod your head “yes”.)

Are you hungry? (Shrug your shoulders and then rub your tummy.) Yes I am. (Thumbs up gesturing “yes” and/or nod your head “yes”.)

Mmmmm, a banana! (Optional: Teacher holds up a picture of a banana) Yum (gesture peeling and then eating a banana)

Are you hungry? (Shrug your shoulders and then rub your tummy.) Yes I am. (Thumbs up gesturing “yes” and/or nod your head “yes”.)

Are you hungry? (Shrug your shoulders and then rub your tummy.) Yes I am. (Thumbs up gesturing “yes” and/or nod your head “yes”.)

Mmmmm, a watermelon! (Optional: Teacher holds up a picture of a watermelon.) Yum (Gesture

holding a big slice of watermelon and eating it.)  
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Are you hungry? (Shrug your shoulders and then rub your tummy.) Yes I am.  
(Thumbs up gesturing “yes” and/or nod your head “yes”.)

Are you hungry? (Shrug your shoulders and then rub your tummy.) Yes I am.  
(Thumbs up gesturing “yes” and/or nod your head “yes”.)

French fries! (Optional: Teacher holds up a picture of french fries.) Yum yum  
yum yum yum yum yum yum yum yum yum yum yum yum (Gesture eating french  
fries one by one.)

Are you hungry? (Shrug your shoulders and then rub your tummy.) Yes I am.  
(Thumbs up gesturing “yes” and/or nod your head “yes”.)

Are you hungry? (Shrug your shoulders and then rub your tummy.) Yes I am.  
(Thumbs up gesturing “yes” and/or nod your head “yes”.)

Spaghetti! (Optional: Teacher holds up a picture of spaghetti) Yum yum yum  
yum yum yum yum yum yum yum yum yum yum yum yum (Gesture twirling spaghetti  
with a fork and eating it.)

Are you hungry? (Shrug your shoulders and then rub your tummy.) Yes I am.  
(Thumbs up gesturing “yes” and/or nod your head “yes”.)

Are you hungry? (Shrug your shoulders and then rub your tummy.) Yes I am.  
(Thumbs up gesturing “yes” and/or nod your head “yes”.)

Ice cream! (Optional: Teacher holds up a picture of an ice cream cone.) Yum  
yum yum yum yum yum yum yum yum yum yum yum yum (Gesture licking an  
ice cream cone.)

I’m full! (Pat your tummy with both hands and puff out your cheeks.)

## 7. Clean Up

Clean up, clean up. Everybody let's clean up.

Clean up, clean up. Put your things away. (four times)

Clean up! Clean up! Clean up! Put your things away. Pick up your toys. Pick up  
your books. Pick up your shoes. Put your things away.

Clean up, clean up. Everybody let's clean up.

Clean up, clean up. Put your things away. (two times)

## 8. If You're Happy

If you’re happy happy happy (Smile and put your index fingers on your cheeks.)  
clap your hands (Clap your hands.) If you’re happy happy happy (Smile and put  
your index fingers on your cheeks.) clap your hands (Clap your hands.) If you’re  
happy happy happy (Smile and put your index fingers on your cheeks.) clap your  
hands, clap your hands (Clap your hands.) If you’re happy happy happy (Smile and  
put your index fingers on your cheeks.) clap your hands (Clap your hands.)

If you’re angry angry angry (Make an angry face and cross your arms over your  
chest.) stomp your feet (Stomp your feet.) If you’re angry angry angry (Make an  
angry face and cross your arms over your chest.) stomp your feet (Stomp your feet.)

If you’re angry angry angry (Make an angry face and cross your arms over your

chest.) stomp your feet (Stomp your feet.) (Stomp your feet.) If you're angry angry angry (Make an angry face and cross your arms over your chest.) stomp your feet (Stomp your feet.)

If you're scared scared scared (Make a scared face and place your hands on your cheeks.) say, "Oh no!" (Say, "Oh no!") If you're scared scared scared (Make a scared face and place your hands on your cheeks.) say, "Oh no!" (Say, "Oh no!") If you're scared scared scared (Make a scared face and place your hands on your cheeks.) say, "Oh no!", say, "Oh no!" (Say, "Oh no!") If you're scared scared scared (Make a scared face and place your hands on your cheeks.) say, "Oh no!" (Say, "Oh no!")

If you're sleepy sleepy sleepy (Make a sleepy face.) take a nap (Rest your head on your hands and pretend to sleep.) If you're sleepy sleepy sleepy (Make a sleepy face.) take a nap (Rest your head on your hands and pretend to sleep.) If you're sleepy sleepy sleepy (Make a sleepy face.) take a nap, take a nap (Rest your head on your hands and pretend to sleep.) If you're sleepy sleepy sleepy (Make a sleepy face.) take a nap (Rest your head on your hands and pretend to sleep.)

If you're happy happy happy (Smile and put your index fingers on your cheeks.) clap your hands (Clap your hands.) If you're happy happy happy (Smile and put your index fingers on your cheeks.) clap your hands (Clap your hands.) If you're happy happy happy (Smile and put your index fingers on your cheeks.) clap your hands, clap your hands (Clap your hands.) If you're happy happy happy (Smile and put your index fingers on your cheeks.) clap your hands (Clap your hands.)

## 9. Days of the Week

Sunday, Monday, Tuesday, Wednesday, Thursday, Friday, Saturday

## 10. I See Something Blue

Blue! I see something blue. Blue! I see something blue. Blue, blue, blue, blue...  
I see something blue .

Find something blue!

Yellow! I see something yellow. Yellow! I see something yellow. Yellow, yellow... I see something yellow .

Find something yellow!

Red! I see something red. Red! I see something red. Red, red, red, red... I see something red.

Find something red!

Purple! I see something purple. Purple! I see something purple. Purple, purple... I see something purple.

Find something purple!

Blue. Yellow. Red. Purple. I see colors everywhere.

## 11. Head Shoulders Knees and Toes (Let's Learn)

(Speaking) Head (HEAD!) [Point to your head.] Shoulders (SHOULDERS!)

[Point to your shoulders.] Knees (KNEES!) [Point to your knees.] Toes (TOES!)  
[Point to your toes.]

(repeat)

Eyes (EYES!) [Point to your eyes.] Ears (EARS!) [Point to your ears.] Mouth  
(MOUTH!) [Point to your mouth.] Nose (NOSE!) [Point to your nose.]

Head (HEAD!) [Point to your head.] Shoulders (SHOULDERS!) [Point to your  
shoulders.] Knees (KNEES!) [Point to your knees.] Toes (TOES!) [Point to your  
toes.]

(Singing, point to each body part.) Head, shoulders, knees, and toes, knees and  
toes Head, shoulders, knees, and toes, knees and toes Eyes and ears and mouth and  
nose Head, shoulders, knees, and toes, knees and toes

## 12. Head Shoulder's Knees and Toes (Let's Sing)

Lyrics and actions: (Point to each body part as you sing.) Head, shoulders,  
knees, and toes, knees and toes Head, shoulders, knees, and toes, knees and toes  
Eyes and ears and mouth and nose Head, shoulders, knees, and toes, knees and toes  
x2

## 13. Ten in the Bed

(Start with everybody seated)

Here we go!

There were ten in the bed and the little one said, (Hold up 10 fingers.) "Roll  
over, roll over" (Roll hands around each other.) So they all rolled over and one fell  
out. (Everyone rolls to the right.)

Nine! (Hold up 10 fingers and then take one away, leaving 9.)

There were nine in the bed and the little one said, (Hold up 9 fingers.) "Roll  
over, roll over" (Roll hands around each other.) So they all rolled over and one fell  
out. (Everyone rolls to the left.)

Eight! (Hold up 9 fingers and then take one away, leaving 8.)

There were eight in the bed and the little one said, (Hold up 8 fingers.) "Roll  
over, roll over" (Roll hands around each other.) So they all rolled over and one fell  
out. (Everyone rolls to the right.)

Seven! (Hold up 8 fingers and then take one away, leaving 7.)

There were seven in the bed and the little one said, (Hold up 7 fingers.) "Roll  
over, roll over" (Roll hands around each other.) So they all rolled over and one fell  
out. (Everyone rolls to the left.)

Six! (Hold up 7 fingers and then take one away, leaving 6.)

There were six in the bed and the little one said, (Hold up 6 fingers.) "Roll  
over, roll over" (Roll hands around each other.) So they all rolled over and one fell  
out. (Everyone rolls to the right.)

Five! (Hold up 6 fingers and then take one away, leaving 5.)

There were five in the bed and the little one said, (Hold up 5 fingers.) "Roll  
over, roll over" (Roll hands around each other.) So they all rolled over and one fell

out. (Everyone rolls to the right.)  
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Four! (Hold up 5 fingers and then take one away, leaving 4.)

There were four in the bed and the little one said, (Hold up 4 fingers.) "Roll over, roll over" (Roll hands around each other.) So they all rolled over and one fell out. (Everyone rolls to the right.)

Three! (Hold up 4 fingers and then take one away, leaving 3.)

There were three in the bed and the little one said, (Hold up 3 fingers.) "Roll over, roll over" (Roll hands around each other.) So they all rolled over and one fell out. (Everyone rolls to the left.)

Two! (Hold up 3 fingers and then take one away, leaving 2.)

There were two in the bed and the little one said, (Hold up 2 fingers.) "Roll over, roll over" (Roll hands around each other.) So they both rolled over and one fell out. (Everyone rolls to the right.)

One! (Hold up 2 fingers and then take one away, leaving 1.)

There was one in the bed and the little one said, (Hold up 1 finger.) "I'm lonely...[sigh]" (Droop your shoulders....then everyone hugs!!!)

#### 14. The Bath Song

Can you wash your hair?

I can wash my hair.

Can you wash your feet?

I can wash my feet.

Can you wash your face?

I can wash my face.

Can you wash your knees.

I can wash my knees.

I can wash my hair

I can wash my feet

I can wash my face.

I can wash my knees.

This is the way we take a bath!

Can you wash your shoulders?

I can wash my shoulders.

Can you wash your toes?

I can wash my toes.

Can you wash your hands?

I can wash my hands.

Can you wash your nose.

I can wash my nose.

I can wash my shoulders.

I can wash my toes  
I can wash my hands.  
I can wash my nose.

This is the way we take a bath!

The actions for the song are quite simple-just pretend to wash each part of the body on, "Can you wash your....?" and the children imitate and sing on, "I can wash my...." Then, in the next section, sing and wash together, "I can wash my hair. I can wash my feet. I can wash my face. I can wash my knees."

## 15. Five Little Monkeys

Five little monkeys (Hold up five fingers.) Jumping on the bed (Jump up and down.) One fell off (Hold up 1 finger and then roll your hand down towards the floor.) And bumped his head (Tap your head with your fist.) Mama called the doctor and the doctor said (Put your pinky and thumb to your ear like a telephone.) No more monkeys jumping on the bed! (Put one hand on your hip and wag your index finger.)

Four little monkeys (Hold up four fingers.) Jumping on the bed (Jump up and down.) One fell off (Hold up 1 finger and then roll your hand down towards the floor.) And bumped his head (Tap your head with your fist.) Mama called the doctor and the doctor said (Put your pinky and thumb to your ear like a telephone.) No more monkeys jumping on the bed! (Put one hand on your hip and wag your index finger.)

Three little monkeys (Hold up three fingers.) Jumping on the bed (Jump up and down.) One fell off (Hold up 1 finger and then roll your hand down towards the floor.) And bumped her head (Tap your head with your fist.) Mama called the doctor and the doctor said (Put your pinky and thumb to your ear like a telephone.) No more monkeys jumping on the bed! (Put one hand on your hip and wag your index finger.)

Two little monkeys (Hold up two fingers.) Jumping on the bed (Jump up and down.) One fell off (Hold up 1 finger and then roll your hand down towards the floor.) And bumped his head (Tap your head with your fist.) Mama called the doctor and the doctor said (Put your pinky and thumb to your ear like a telephone.) No more monkeys jumping on the bed! (Put one hand on your hip and wag your index finger.)

One little monkey (Hold up one finger.) Jumping on the bed (Jump up and down.) She fell off (Hold up 1 finger and then roll your hand down towards the floor.)

And bumped her head (Tap your head with your fist.) Mama called the doctor and the doctor said (Put your pinky and thumb to your ear like a telephone.) No more monkeys jumping on the bed! (Put one hand on your hip and wag your index finger.)

## 16. The Alphabet Song (Let's Learn)

## 17. The Alphabet Song (Let's Sing)

18. I See Something Pink

(See I See Something Blue)

19. Go Away!

(Before singing the song, teach the gestures for each of the creatures: **Big green monster**: Hold your hands up high as if they were two big claws. **Scary witch**: Make the shape of a witch's hat over your head with your hands. **Black cat**: Swipe your hand as if it were a cat's claw. **White ghost**: Hold your hands in front of you as though you are floating like a ghost. )

Go away, big green monster, go away. (*Push your hands out, then make the monster gesture, then push your hands out again.*) GO AWAY! Go away, big green monster, go away. GO AWAY! Go away, big green monster. Go away, big green monster. Go away, big green monster, go away. GO AWAY! Go away, scary witch, go away. (*Push your hands out, then make the witch gesture, then push your hands out again.*) GO AWAY! Go away, scary witch, go away. GO AWAY! Go away, scary witch. Go away, scary witch. Go away, scary witch, go away. GO AWAY! Go away, black cat, go away. (*Push your hands out, then make the cat gesture, then push your hands out again.*) GO AWAY! Go away, black cat, go away. GO AWAY! Go away, black cat. Go away, black cat. Go away, black cat, go away. GO AWAY! Go away, white ghost, go away. (*Push your hands out, then make the ghost gesture, then push your hands out again.*) GO AWAY! Go away, white ghost, go away. GO AWAY! Go away, white ghost. Go away, white ghost. Go away, white ghost, go away. GO AWAY!

20. What Do You Want for Christmas?

What do you want for Christmas? Christmas? Christmas? (Shrug your shoulders to indicate a question, and then make the shape of a Christmas tree with your hands.) What do you want for Christmas? (Shrug your shoulders to indicate a question, and then make the shape of a Christmas tree with your hands.) Santa's on his way. (Pat your belly like Santa.) I want a train. (Make locomotive actions with arms.) I want a train. (Make locomotive actions with arms.) I want a great big train. (Make BIG locomotive actions with arms.) [SOUNDS: move around the room like a train!]

What do you want for Christmas? Christmas? Christmas? (Shrug your shoulders to indicate a question, and then make the shape of a Christmas tree with your hands.) What do you want for Christmas? (Shrug your shoulders to indicate a question, and

then make the shape of a Christmas tree with your hands.) Santa's on his way. (Pat your belly like Santa.) I want a rocket. (Put your hands up over your head making a rocket shape.) I want a rocket. (Put your hands up over your head making a rocket shape.) I want a great big rocket. (Put your hands up over your head making a BIG rocket shape.) [SOUNDS: Crouch down, with hands position like a rocket overhead and count down, the shoot up like a rocket spinning around!] Prepare for lift-off...5, 4, 3, 2, 1, LIFT-OFF!

What do you want for Christmas? Christmas? Christmas? (Shrug your shoulders to indicate a question, and then make the shape of a Christmas tree with your hands.) What do you want for Christmas? (Shrug your shoulders to indicate a question, and then make the shape of a Christmas tree with your hands.) Santa's on his way. (Pat your belly like Santa.) I want a robot. (Make robotic actions with your arms.) I want a robot. (Make robotic actions with your arms.) I want a great big robot. (Make BIG robotic actions with your arms.) [SOUNDS: move around the room like robots. ]

What do you want for Christmas? Christmas? Christmas? (Shrug your shoulders to indicate a question, and then make the shape of a Christmas tree with your hands.) What do you want for Christmas? (Shrug your shoulders to indicate a question, and then make the shape of a Christmas tree with your hands.) Santa's on his way. (Pat your belly like Santa.) I want a teddy bear. (Stick both arms out in front of you like a teddy bear.) I want a robot. (Stick both arms out in front of you like a teddy bear.) I want a great big robot. (Stick both arms out in front of you like a BIG teddy bear.) [SOUNDS: sit down and one at a time, put out arms and legs posing like a teddy bear. Then, on "OH NO!" fall over like a teddy bear might, staying frozen in the teddy bear position. Kids love it!]

What do you want for Christmas? Christmas? Christmas? (Shrug your shoulders to indicate a question, and then make the shape of a Christmas tree with your hands.) What do you want for Christmas? (Shrug your shoulders to indicate a question, and then make the shape of a Christmas tree with your hands.) Santa's on his way. (Pat your belly like Santa.) Santa's on his way! (Pat your belly like Santa.)

## **21. Put on Your Shoes**

Put on your (Hands on hips, swaying back and forth.) shoes, your shoes, your shoes. (Point to feet.) [SOUNDS: two short sounds, one for gesturing putting on left shoe, then one for right shoe.] Put on your (Hands on hips, swaying back and forth.) shoes, your shoes, your shoes. (Point to feet.) [SOUNDS: two short sounds, one for gesturing putting on left shoe, then one for right shoe.] Put on your shoes. (Gesture putting on your shoes.) Let's go outside. (Point outside the window.) Hurry up. Hurry up. Hurry hurry up! (Make a "come on...let's go" gesture and then everybody runs around the room in a circle.)

Put on your (Hands on hips, swaying back and forth.) pants, your pants, your pants. (Point to your pants.) [SOUNDS: three sounds--two for gesturing putting feet in each leg of the pants, then a funny sound to indicate pulling up your pants.] Put on your (Hands on hips, swaying back and forth.) pants, your pants, your pants. (Point

to your pants.) [SOUNDS: three sounds-two for gesturing putting feet in each leg of the pants, then a funny sound to indicate pulling up your pants.] Put on your pants. (Gesture putting on your pants.) Let's go outside. (Point outside the window.) Hurry up. Hurry up. Hurry hurry up! (Make a "come on...let's go" gesture and then everybody runs around the room in a circle.)

Put on your (Hands on hips, swaying back and forth.) jacket, your jacket, your jacket . (Gesture pulling a jacket over your shoulders as if it were cold.) [SOUNDS: three sounds-two for gesturing putting arms in the sleeves of the jacket, and a zipping sound to zip up your jacket.] Put on your (Hands on hips, swaying back and forth.) jacket, your jacket, your jacket . (Gesture pulling a jacket over your shoulders as if it were cold.) [SOUNDS: three sounds-two for gesturing putting arms in the sleeves of the jacket, and a zipping sound to zip up your jacket.] Put on your jacket. (Gesture putting on your jacket.) Let's go outside. (Point outside the window.) Hurry up. Hurry up. Hurry hurry up! (Make a "come on...let's go" gesture and then everybody runs around the room in a circle.)

Put on your (Hands on hips, swaying back and forth.) hat, your hat, your hat. (Gesture tipping your cap.) [SOUNDS: a whistle sound - pretend to hold a hat high above your head - followed by a funny gong sound - pull the hat down hard on your head.] Put on your (Hands on hips, swaying back and forth.) hat, your hat, your hat. (Gesture pulling a jacket over your shoulders as if it were cold.) [SOUNDS: a whistle sound - pretend to hold a hat high above your head - followed by a funny gong sound - pull the hat down hard on your head.] Put on your hat. (Gesture putting on your hat.) Let's go outside. (Point outside the window.) Hurry up. Hurry up. Hurry hurry up! (Make a "come on...let's go" gesture and then everybody runs around the room in a circle.)

Put on your shoes. (Gesture putting on your shoes.) Your pants. (Gesture putting on your pants.) Your jacket. (Gesture putting on your jacket.) And your hat. (Gesture putting on your hat.) Hurry up. Hurry up. Hurry hurry up! (Make a "come on...let's go" gesture and then everybody runs around the room in a circle.)

## 22. See You Later

See you later. (Make circles with thumbs and index fingers around each eye, and then extend your arms out and point out to the class.) See you later. (Make circles with thumbs and index fingers around each eye, and then extend your arms out and point out to the class.) See you later. (Make circles with thumbs and index fingers around each eye, and then extend your arms out and point out to the class.) Take care. (Wave with your left hand.) Good-bye. (Wave with right hand.)

It's time to go. (Point to your watch, or where your watch would go on your wrist.) See you later. (Make circles with thumbs and index fingers around each eye, and then extend your arms out and point out to the class.) It's time to go. (Point to your watch.) See you later. (Make circles with thumbs and index fingers around each eye.) Goodbye. (extend your arms out and point out to the class.)

See you later. (Make circles with thumbs and index fingers around each eye, and then extend your arms out and point out to the class.) See you later. (Make circles

with thumbs and index fingers around each eye; and then extend your arms out and point out to the class.) See you later. (Make circles with thumbs and index fingers around each eye, and then extend your arms out and point out to the class.) Take care. (Wave with your left hand.) Good-bye. (Wave with right hand.)

### 23. Please Sit Down

Shh! Be Quiet. Please sit down. Please sit down. Please sit down.  
Shh! Be Quiet. Please sit down. Listen, listen, listen!  
Shh! Be Quiet. Please sit down. Please sit down. Please sit down.  
Shh! Be Quiet. Please sit down. Listen, listen, listen!

### 24. Sweet Dreams

Goodnight to you (place one elbow on top of one hand and then lower the other hand to the other elbow, gesturing a setting sun, then point to the child) Goodnight to me (setting sun gesture, point to yourself) Now close your eyes (point to eyes) and go to sleep (hands against ear, head tilted, gesturing sleeping) Goodnight, (setting sun gesture) sleep tight, (hold your fists up to your chin as if you are snuggling with a blanket) sweet dreams tonight. (keeping your arms snuggled close to you, look up as if you are looking at your dreams in a thought bubble) Goodnight (setting sun gesture) I love (point to self, hug yourself, gesturing “love”) you (point to child)