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[00:09.80]第八十三页

[00:19.59]More oral practice

[00:21.33]更多的口头练习

[00:23.07]In the supermarket

[00:25.04]在超级市场

[00:27.01]You are in a supermarket with your parents.

[00:29.05]你与你的父母在一家超级市场。

[00:31.09]What are you going to buy?

[00:32.61]你将买什么?

[00:34.14]Where can you get them?Make a dialogue,like this:

[00:36.96]你能在哪里找他们? 对话, 像这样:

[00:39.78]Here we are.

[00:41.35]给你。

[00:42.92]Have you brought the shopping list,Mum?

[00:45.56]有你使用采购单, 妈妈?

[00:48.20]Yes.Here it is.Ben,can you go and get a trolley,please?

[00:52.73]是的, 给它。你能去乘一辆手推车该多好, 请?

[00:57.26]We need to buy some drinks.

[00:59.48]我们需要买一些饮料。

[01:01.70]We can get some Coke at the drinks section.

[01:04.68]我们在饮料部分能得到一些可乐。

[01:07.66]I like Coke.

[01:09.28]我喜欢可乐。

[01:10.90]There is plenty of fruit at the fruit and vegetables section.

[01:14.97]在水果和蔬菜部分有足够的水果。

[01:19.05]Shall we buy some apples,oranges and bananas?

[01:22.47]我们将买一些苹果, 橙和香蕉吗?

[01:25.89]I'd also like to have some grapes and strawberries.

[01:29.13]我还想要吃一些葡萄和草莓。

[01:32.37]We need some meat,chicken and fish.

[01:35.31]我们需要一些肉, 鸡肉和鱼。

[01:38.25]Let's go to the meat section.

[01:40.38]让我们去肉部分。

[01:42.50]Mum,I see some ice-cream at the frozen food section.

[01:46.07]妈妈, 我在冷冻食品部分看见一些冰淇淋。

[01:49.64]Can I go and get some?

[01:51.45]我能去得到一些吗?

[01:53.27]Sure.Ice-cream is your favourite.

[01:56.23]当然。冰淇淋是你的最喜欢的。

[01:59.20]I can smell some nice bread and biscuits.

[02:02.28]我能闻到一些好的面包和饼干。

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- [02:05.36]Where is the bakery section?  
[02:07.99]面包店部分在哪里?  
[02:10.61]It's over there,next to the snacks section.  
[02:13.50]这在那里,仅次于快餐部分。  
[02:16.39]This supermarket is so big.I like shopping here.  
[02:20.07]这家超级超市如此大。我喜欢在这里购物。。  
[02:23.75]Eating habits  
[02:27.68]饮食习惯  
[02:31.61]You're getting fat  
[02:33.44]你变得肥胖  
[02:35.27]I know.I like to eat a lot.  
[02:37.49]我知道。我喜欢吃很多。  
[02:39.71]What do you like to eat?  
[02:41.84]你喜欢吃什么?  
[02:43.97]I like to eat hamburgers,pizza,French fries,salad,sausages,eggs and chicken.  
[02:49.10]我喜欢吃汉堡包,比萨饼,薯条,沙拉,腊肠,蛋和鸡肉。  
[02:54.24]Do you eat plenty of vegetables and fresh fruit?  
[02:56.88]你吃许多的蔬菜和新鲜的水果吗?  
[02:59.51]I eat some fruit,but I don't like vegetables.  
[03:02.09]我吃一些水果,但不喜欢吃蔬菜。  
[03:04.66]Do you like to eat sweet food?  
[03:06.70]你喜欢吃糖果食物吗?  
[03:08.73]Yes,I eat a lot of chocolate and ice-cream every day.  
[03:11.76]是的,我每天吃许多巧克力和冰淇淋。  
[03:14.80]Oh,your eating habits are not good.  
[03:17.17]噢,你的饮食习惯不好。  
[03:19.55]You eat too much.  
[03:21.22]你吃的太多。  
[03:22.89]Miss Guo taught us about good eating habits yesterday.  
[03:26.03]郭小姐昨天关于好饮食习惯教我们。  
[03:29.16]What did she say?  
[03:30.74]她说什么?  
[03:32.32]She said we must eat healthy food.  
[03:34.60]她说我们必须吃健康的食品。  
[03:36.87]We only need a little fat and sugar.  
[03:39.15]我们只需要一点点肥肉和糖。  
[03:41.44]We need some meat,chicken and fish,  
[03:44.07]我们需要一些肉,鸡肉和鱼,  
[03:46.69]but we need plenty of fresh fruit and vegetables and a lot of rice or bread.  
[03:50.41]但是我们需要许多的新鲜的水果和蔬菜 and 许多大米或者面包。  
[03:54.14]And also ,don't forget to exercise.  
[03:56.66]因此,不要忘记锻炼。

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[03:59.18]Oh,I didn't know that.I eat too much unhealthy food.

[04:02.56]噢，我那个不知道。我吃太多不健康的食品。

[04:05.94]Yes,you must stop your bad eating habits.

[04:23.97]是的，你必须停止你的坏饮食习惯。